The North Halton Girls Hockey Association (NHGHA) is proud to offer these two amazing programs.

	"FUN"DAMENTALS PROGRAM	**TYKE PROGRAM**
# of Weeks	15 minimum	15 minimum
Date and Times	Saturdays: 12:00	Sundays: 1:30 Georgetown Wednesdays: 5:30 Milton
Location	Georgetown – MoldMasters Sportsplex	Georgetown – MoldMasters Milton – Sherwood Community Centre
Start Date:	September 2019	September 2019
Age Groups:	Girls Born in 2011, 2012, 2013, 2014 or 2015 (*girls new to hockey and born prior to 2011 can possibly enrol but subject to league approval)	Girls Born in 2013, 2014, or 2015
Cost	$299	$299
Time Allotment For Sessions:	85% Technical Skills 15% Individual Tactics 0% Team Tactics 0% Team Play 0% Strategy Program will introduce the basic skills of hockey in and safe environment and focus on the development of skills in a non-competitive environment	25% Technical Skills 10% Individual Tactics 10% Team Tactics 50% Team Play 5% Strategy Each Tyke Session will have 20-25 minutes of practice time and 20-25 minutes of game time (half ice)
Goals of the Program	-to have fun playing hockey and engage in physical activity - to learn the basic skills required to play the game of hockey - to create and refine basic motor skills patterns - to be introduced to the concepts of cooperation and fair play	- to have fun playing hockey and engage in physical activity - to develop an understanding of basic teamwork through participation in a variety of activities and game situations - to develop basic team strategies to enhance their enjoyment on the ice
Hockey Experience?	Must be able to stand up on own and walk on skates wearing full hockey equipment	Must be able to stand up on own and walk on skates wearing full hockey equipment
Travel Required?	None	-We may arrange 2 to 4 "festival" day weekends where we play at other centres. All locations will be local (estimate 30 to 45 min drive time from

		Georgetown).

Q1: I am not sure that my daughter is ready to play hockey. Shouldn't she be a better skater?

A: NHGHA welcomes skaters of all levels. However, minimum requirement for any player is that the player must be able to get up on their own and be able to "walk" on skates.
The first rule of Girls Hockey is to have FUN.
The FUNdamentals program is designed to teach the basics of hockey which includes skating instruction to players as young as 4. The program will help with skating, stopping, turning, puck handling, shooting and passing all in a friendly and fun environment.
The Tyke Program is a complement to the FUNdamentals program and allows the players to put those skills into use during game situations.
Again, first rule is to have FUN.

Q2: If my daughter only wants to do one program, can she? Which one do you recommend?

A: Yes, both programs are "stand-alone" and you do have the choice to sign up for either. However, the programs are meant to complement each other, not compete. We understand that people have busy schedules so if one day works better than another that is not a problem. Both programs will ensure the girls get lots of instructional time. The FUNdamentals Program focuses more on individual skill development with the Tyke Program having a mix of individual and team skill development.

Q3: Hockey is very expensive. I am sure that there are other costs involved.

A: Your registration fee covers about 6 months of hockey instruction, socks and jersey for each program. Hockey equipment comes at all levels of cost and most equipment can be acquired second hand to keep costs down.

Q4: Can I get involved with my daughter in the sport?

A: By all means. NHGHA wouldn't exist without volunteers, so there is a lot of opportunity for you to become involved in the organization. If you are interested in learning please send an email to nhgha.info@gmail.com for more information.

Q5: Why should I choose NHGHA Hockey over all the other ice sport options that exist for my daughter?

A: Although we are biased we like to think that playing girls hockey is the best winter team sport option for girls. The FUNdamentals program that we offer through the Ontario Women's Hockey Association is the same as the Hockey Canada Initiation Program offered through the Halton Hills Minor Hockey Association. We believe that the NHGHA gives girls an opportunity to play Canada's game in an atmosphere that promotes women in sport and provides positive role models for girls. NHGHA has a reputation for not only fun but for quality as well. NHGHA has a well established rep program for girls who are looking for a more competitive level of play. But the best reason for choosing NHGHA is because we know

that girls just want to have fun and first rule of hockey is to have fun so that "girls rule on ice".